## **POST OP INSTRUCTIONS - ORAL SURGERY**

## Do not rinse mouth today

Tomorrow, rinse gently every 4 hours (especially after meals), use ½ tsp. of salt to a glass of warm water. Continue for several days.

**Bleeding:** to be expected. If persistent, place gauze over area, bite down firmly for ½ hour. Repeat if necessary.

Swelling: Ice bag should be applied to area, ½ hour on & off for 6 hours.

Pain: Treat with non-aspirin medication.

Food: Light diet for 24 hours. NOTHING through a straw.

**Bony Edges:** These are expected through healing, they are not roots.

No Spitting!

If any unusual symptoms occur, call our office at 407-671-1017.